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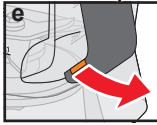
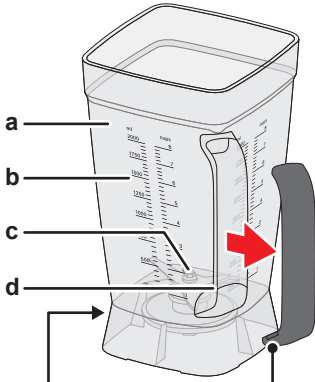
# 超高速全營養調理機

MMBH6...TW

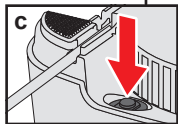
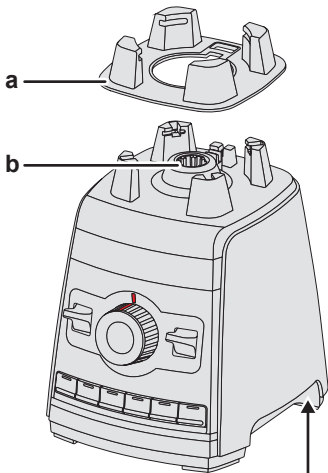
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A

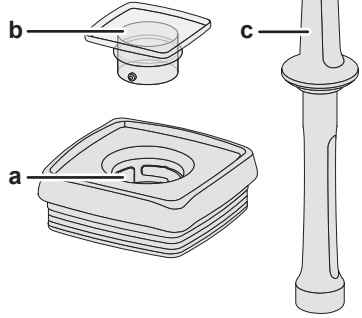
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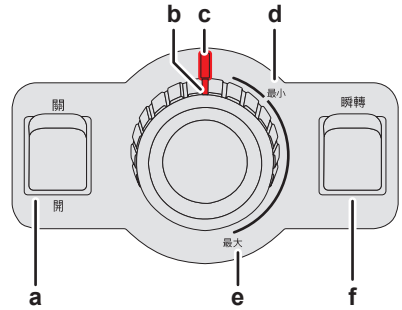
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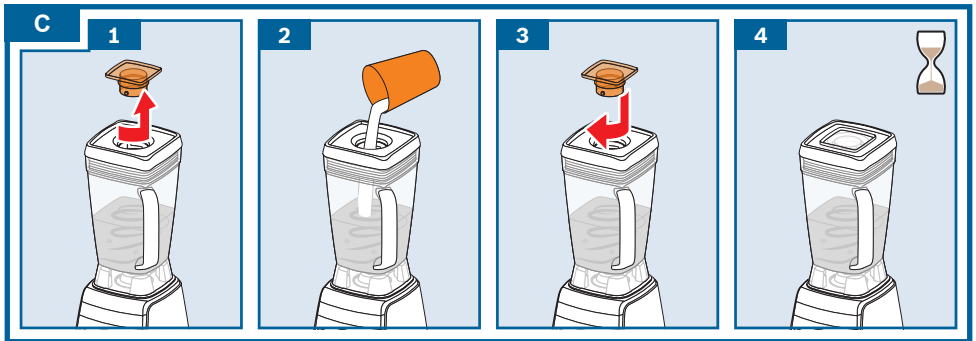
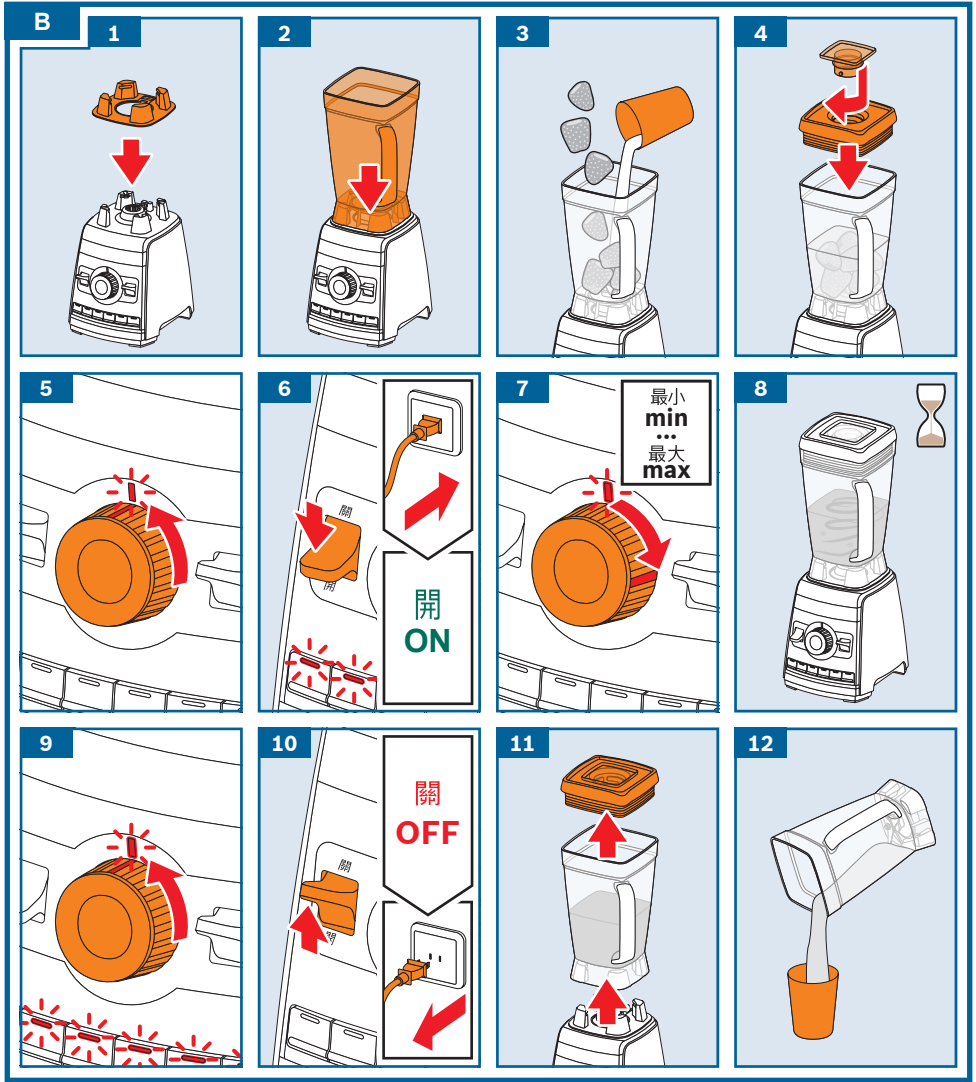
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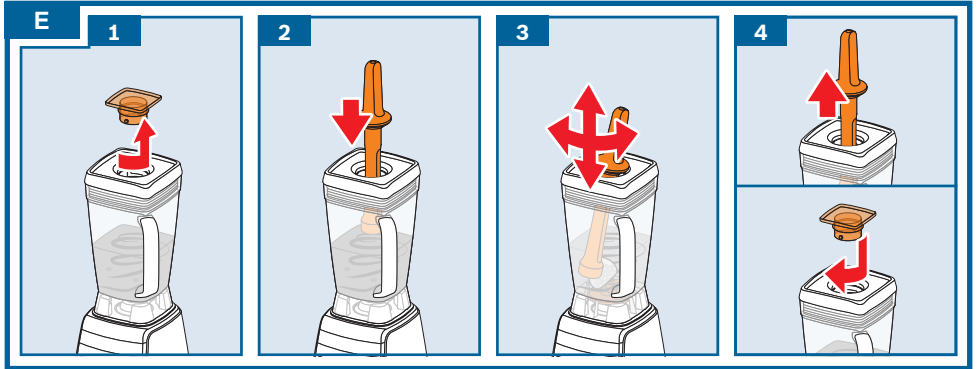
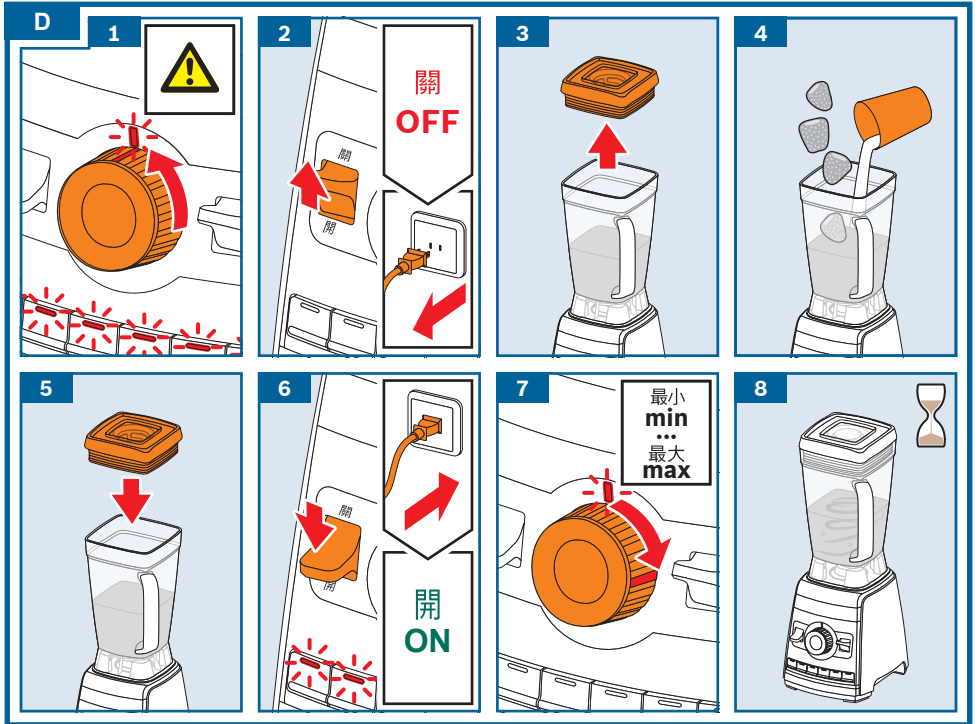


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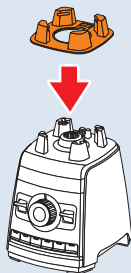
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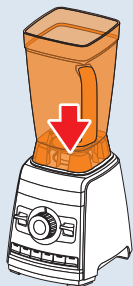


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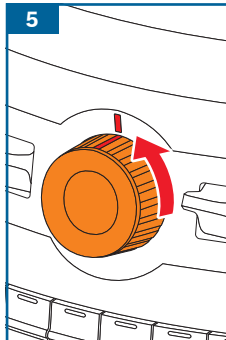
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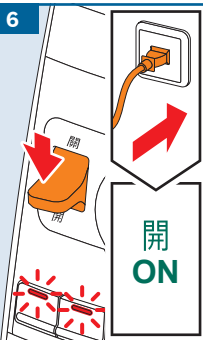
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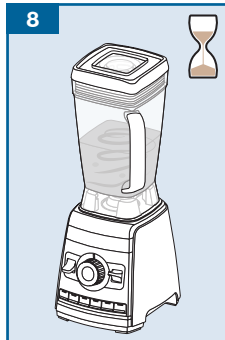
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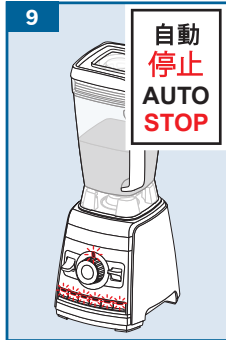
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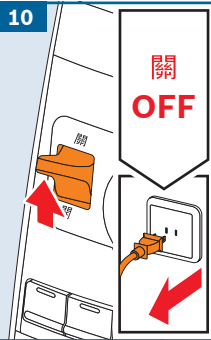
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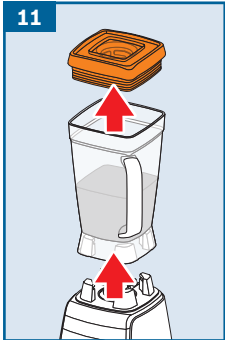
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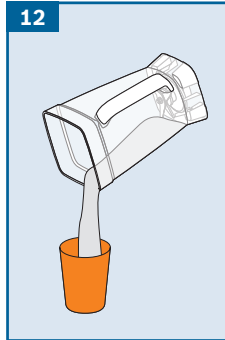
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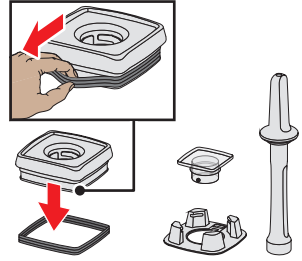
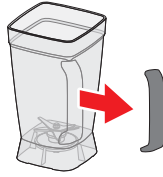
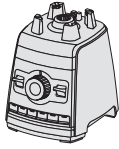
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G



✓

✓

✓



⚠ X

✓

✓


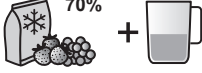






⚠ X

⚠ X

✓

# H

							
		✓	✓	300-2000 ml	自動		蔬果汁
		✓	✓	2000 ml	自動		蔬果汁
		✓	✓	300 ml	20 秒		最大
		✓	✓	400-800 g	自動		冰淇淋
		✓		600 ml (2 人) - 1200g/1400ml (6 人)	自動		濃湯
		✓		1800 ml	10 秒		最大
		✓		450-2000 ml	30-60 秒		最大
		✓		20 x 10 g	1-2 x 6 秒		瞬轉
		✓		200 g	2 x 5 秒		瞬轉
		✓		200 g	2 x 5 秒		瞬轉
		✓		1500 ml	自動		豆漿
		✓	✓	500 g	自動		研磨

## 用途

本電器僅供家庭和居家環境使用。僅限將本電器在家用正常時間內供處理家庭正常的食物量。請勿超過允許的最大量(請參閱“食譜”)。

本電器適用於攪拌液體或半固體食物、將新鮮水果和蔬菜切塊或切碎以及將食物打成泥,並用於切碎冷凍食物(如水果)或打碎冰塊。本電器不得用於處理其他物體或物質。

本電器僅限於海拔 2000 公尺以下在室溫環境的室內使用。

## 重要安全須知

請仔細閱讀以下說明並妥善保管此使用說明書以便日後查閱!將此電器交給其他人時,應將這些說明書一併轉交。

若未遵守正確使用本產品的說明,製造商對任何由此所造成的損壞概不承擔任何責任。

身體、感官或智力有缺陷的人士以及缺乏相關經驗和/或知識的人士,必須在負責其安全人員的監督下且了解電器安全及相關危險的人員指導下才可使用本電器。請讓孩童遠離本電器及電源線,且不要任其使用本電器。請勿讓兒童玩耍本電器。除非在監督下,否則不得由孩童進行清潔及維護的工作。

### ⚠ 觸電和發生火災的危險!

- 僅限依照規格銘板上的規格連接和操作本電器。電源線和/或本電器損壞時,請勿使用本電器。僅限由我們的客戶服務維修本電器,例如更換損壞的電源線,以避免發生危險。
- 切勿將電器連接到定時開關或可遠端遙控的插座。當電源打開時,請勿讓本電器離開您的視線!
- 請勿將本電器放置於爐具這類的熱源上方或附近。請勿將電源連接線接觸任何熱源或是與尖銳物品磨擦。
- 請勿將底座浸泡在水中或放入洗碗機清洗。請勿使用蒸汽清潔機清潔本電器。切勿在雙手潮濕的情況下操作本電器。
- 請在以下情況下,務必將電器與電源斷開:每次使用後、無人看管本電器時、組裝前、拆卸前、清潔前以及出現故障時。

### ⚠ 受傷危險!

- 更換配件或電器在操作期間要移動其他零件前,應關閉本電器並斷開供電。
- 切勿將手伸入已安裝的超高速全營養調理機內!切勿在沒有蓋上蓋子的情況下使用超高速全營養調理機。
- 處理鋒利的切割刀片、清空容器和清潔時應格外小心。
- 在關閉本電器前,必須將旋轉開關朝逆時針方向轉到底(零段)。
- 關閉後,傳動器仍會短暫運作片刻。請等到傳動器完全靜止為止。
- 使用前必須完全組裝好本電器。
- 本電器接通電源時切勿取下蓋子。



**⚠ 燙傷危險!**

- 加入高溫液體時應格外小心。突然產生的蒸氣可能會導致液體從調理壺中噴出。
- 操作期間,請務必用手將蓋子按住,但勿將手放在食材投入口上!當您在調理壺中處理高溫食材時,蒸氣將通過蓋子的食材投入口逸出。

**⚠ 窒息危險!**

請勿讓孩童將包材當做玩具玩耍。

**⚠ 小心!**

- 確保超高速全營養調理機調理壺內無任何異物。切勿將物體(如刀具、勺子)插入調理壺內。僅限將隨附的推料棒與蓋子一起搭配使用!
- 我們建議本電器的開啟時間不要超過處理食材所需的時間。請勿空機操作本電器。

**⚠ 重要!**

每次使用完後或長時間未使用重新使用時,必須徹底清潔本電器。

→ “清潔和保養”參見第 12 頁

感謝您購買新的 Bosch 電器。您可以在本公司的網頁上查看與本公司產品有關的進一步資訊。

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**總覽****→ 圖**

- 1 底座 / 馬達
  - a 保護墊
  - b 傳動器
  - c 重設按鈕(超載保護裝置)
- 2 控制面板
  - a 開/關 開關
  - b 旋轉開關(含標記)
  - c 狀態顯示(LED 指示燈)
  - d 最小 標記
  - e 最大 標記
  - f 瞬轉 按鈕
  - g 6 個具有 LED 指示燈的程序選擇按鈕
- 3 調理壺
  - a Tritan 調理壺
  - b 刻度
  - c 超高速全營養調理機調理刀
  - d 把手
  - e 把手蓋(拆卸式)
- 4 蓋子
  - a 提供給推料棒 / 加入更多食材的食材投入口
  - b 鎖帽(含刻度)
  - c 推料棒

## 首次使用前




使用新電器前，請務必將其整個從包裝中取出、清潔並加以檢查。

### 小心！

切勿操作損壞的機器！

- 請從包裝中取出底座和所有配件，並除去所有的包材。
- 檢查所有零件是否完整以及是否有明顯損壞現象。→ 圖 A
- 首次使用前，請先徹底清潔並晾乾所有零件。→ “清潔和保養” 參見第 12 頁

## 符號和標記

符號	涵義
 最高80°C	請勿將調理壺暴露在 80°C 以上的溫度。
	<b>蓋子的警告</b> <ul style="list-style-type: none"> <li>■ 除非正確蓋上此蓋子，否則請勿使用本電器。</li> <li>■ 請勿將調理壺暴露在 80°C 以上的溫度。</li> </ul>
	<b>馬達的警告</b> <ul style="list-style-type: none"> <li>■ 請勿在沒有橡膠墊的情況下進行操作。</li> </ul>

## 零件和操作控制

### 高速馬達

本台超高速全營養調理機配備高速馬達，馬達轉速每分鐘高達 43000 轉。這不僅提供了特別快速和高品質的攪拌效果，而且還可以加熱食物。例如，使用 濃湯 自動程序可以將低溫食材製成熱湯。

**注意事項：**在 最大速度 段位下，使用 瞬轉 按鈕和某些自動程序時，超高速全營養調理機將以最高的速度運行。為了避免食物進行不必要的加熱，請將食材處理的時間縮短或將速度調低。

### 開/關閉開關

開啟和關閉電器。

### 狀態顯示

用於顯示本電器狀態，並作為旋轉開關零段的標記。

#### 顯示螢幕

**顯示螢幕亮起：**本電器已開啟並可以使用

#### 顯示閃爍：

- 本電器故障
- 調理壺未正確到位或已脫落
- 旋轉開關在開啟本電器時未在零段
- 電源供應中斷後
- 連續進行 5½ 分鐘以上的操作 (手動模式)

### 旋轉開關

用於連續調節調理刀的速度。

#### 段位

零段(標記指向狀態顯示)= 靜止

最小	最低速
最大	最高速

### 小心！

本電器連續在 最大速度 段位上進行操作 5½ 分鐘後將自動關閉，重新開啟電器後，最多只能在 最大速度 段位上再操作 1-2 分鐘。否則，食物可能會過熱並損壞調理壺。

#### 注意事項：

- 若旋轉開關未在零段，調理壺已脫落或者電源已中斷，狀態顯示將會閃爍。首先將旋轉開關轉到零段，然後再繼續操作。
- 旋轉開關的段位不影響使用 瞬轉 的功能。

### 瞬轉 按鈕

用於切換到在短時間內運作的最大速度。按下瞬轉 按鈕時，本電器將以最大的速度運作。

**注意事項：**自動程序運行時無法使用此功能。

### 配備 LED 指示燈的程序選擇按鈕

用於選擇和啟動自動程序。→ “自動程序” 參見第 12 頁

開啟電器後，所有 LED 指示燈都會亮起。按下按鈕後，所選的程序將啟動，本電器將自動運行。

### 調理壺

用於處理最多 2 公升的食物。調理壺是由 Tritan 製成。Tritan 是一種非常堅固的塑膠，沒有明顯的味道或氣味。

**小心!**

請勿將調理壺暴露在 80°C 以上的溫度。

**附鎖帽的蓋子**

確保在處理過程中將調理壺蓋妥。如要加入切碎或液體食材，請朝逆時針方向轉動並取下鎖帽。

**推料棒**

可將黏附在邊緣或未朝向調理刀充分攪拌的食材推入。為進行此操作，請朝逆時針方向轉動鎖帽，然後將其取下並將推料棒放入食材投入口。→“使用推料棒”參見第 11 頁

**安全系統**

本電器具有各種安全系統。→“安全系統”參見第 13 頁

**使用事項****⚠ 受傷危險!**

- 未成本電器的所有準備事項以及未將調理壺正確放置在底座前，請勿插入主電源插頭。
- 切勿將手伸入放置到位的調理壺內，並在使用本電器前務必蓋妥蓋子。

**注意事項:** 只有在調理壺已正確到位的情況下，本電器才會運作。

**→ 圖 14**

1. 將底座放在穩定和平坦的流理台上。將保護墊放在底座上，注意扣位。

**重要:** 切勿在沒有保護墊的情況下安裝調理壺。

2. 將調理壺放在保護墊上。確保調理壺固定在電器上。

3. 將需要處理的食材放入調理壺。
4. 將附有鎖帽的蓋子放置到位並按壓固定。
5. 將旋轉開關朝逆時針方向轉到底(零段)。
6. 將電源插頭插入主電源。使用開/關開關開啟本電器。所有 LED 指示燈亮起。
7. 朝順時針方向緩慢轉動旋轉開關，直到達到所需的速率。LED 狀態指示燈亮起。

**注意事項:** 使用程序按鈕 →“自動程序”參見第 12 頁。

8. 將食材處理到所需的濃度。
9. 將旋轉開關朝逆時針方向轉到底(零段)。等到本電器靜止為止。
10. 使用開/關開關關閉本電器。拔下主電源插頭。

11. 取下調理壺。取下蓋子。

12. 將攪拌過的食物倒入另一個容器中。

清潔所有零件。→“清潔和保養”參見第 12 頁

**加入更多食材****→ 圖 15**

1. 朝逆時針方向轉動並取下鎖帽。
2. 在食材投入口加入更多切碎或液體食材，注意最大容量。
3. 戴上鎖帽，朝順時針方向轉動將其擰緊。
4. 將食材處理到所需的濃度。

**→ 圖 16****加入更多食料量:**

1. 將旋轉開關朝逆時針方向轉到底(零段)。等到本電器靜止為止。
2. 使用開/關開關關閉本電器。拔下主電源插頭。

**⚠ 受傷危險!**

本電器接通電源時切勿取下蓋子。

3. 取下蓋子。
4. 加入額外的食材。
5. 重新蓋上蓋子。
6. 將電源插頭插入主電源。使用開/關開關開啟本電器。所有 LED 指示燈亮起。
7. 朝順時針方向緩慢轉動旋轉開關，直到達到所需的速率。LED 狀態指示燈亮起。
8. 將食材處理到所需的濃度。

**使用推料棒****⚠ 受傷危險!**

切勿在沒有蓋上蓋子的情況下使用推料棒!

**→ 圖 17**

1. 朝逆時針方向轉動並取下鎖帽。
2. 將推料棒放入食材投入口。
3. 沿著調理壺的角落和側邊推動推料棒，用推料棒將食材推入超高速全營養調理機調理刀。
4. 然後立即再次取出推料棒。戴上鎖帽，朝順時針方向轉動將其擰緊。

**注意事項:** 使用推料棒可以明顯提高攪拌效果品質。

## 使用瞬轉功能

- 開啟電器後,按住 **瞬轉** 按鈕。
- 按下 **瞬轉** 按鈕時,本電器將以最大的速度運行。
- 放開 **瞬轉** 按鈕。本電器將以先前所選的速度重新啟動。

**注意事項:**當自動程序正在運行時,無法使用瞬轉功能。

## 自動程序

本電器具有 6 個自動程序。按下相關按鈕後,所選的程序將以預設的速度和處理的時間開始並處理食材。製作完成後,程序將自動結束。可以選擇以下程序:

程序	
蔬果汁	用於製作含有冷凍食材的綠色冰沙和水果冰沙
豆漿	用於製作豆漿。
濃湯	用於製作熱湯
研磨	用於磨碎豆類和穀物或其他乾燥食材。
冰淇淋	用於製作冰淇淋和雪糕
自清潔	清潔程序

### 小心!

自動程序 **濃湯** 完成後,請勿重新啟動 **濃湯** 程序。否則,食物可能會過熱並損壞調理壺。

### 請注意:

- 一些配料(例如牛奶)會產生泡沫,使得攪拌杯中的容量可能會大幅度增加。使用 **濃湯** 自動程序時,請勿添加超過 1200 公克或 1400 毫升,以便不超過 1800 毫升最大容量。
- 僅限使用 **濃湯** 自動程序處理低溫食材。若加入高溫食材,溫度會升高太多。
- 只有在旋轉開關位在零段時才能啟動自動程序。
- 重新按下相關的程序選擇按鈕或使用開/關開關關閉電器,便可隨時關閉自動程序。

## 範例

### 製作莓果蜂蜜冰沙

(食譜 → “莓果蜂蜜冰沙”參見第 14 頁)

### → 圖 9

1. 將底座放在穩定和平坦的流理台上。將保護墊放在底座上,注意扣位。

**重要:**切勿在沒有保護墊的情況下安裝調理壺。

2. 將調理壺放在保護墊上。確保調理壺固定在電器上。

3. 將需要處理的食材放入調理壺。

4. 將附有鎖帽的蓋子放置到位並按壓固定。

5. 將旋轉開關朝逆時針方向轉到底(零段)。

6. 將電源插頭插入主電源。使用開/關開關開啟本電器。所有 LED 指示燈亮起。

7. 按下 **蔬果汁** 程序選擇按鈕。按鈕上的 LED 指示燈亮起。

8. 本電器將自動處理食材。

### ⚠ 受傷危險!

本電器接通電源時切勿取下蓋子。

9. 本電器將自動結束處理。所有 LED 指示燈亮起。

10. 使用開/關開關關閉本電器。拔下主電源插頭。

11. 取下調理壺,取下蓋子。

12. 將製作完成的水果冰沙倒入玻璃杯內。

- 清潔所有零件。→ “清潔和保養”參見第 12 頁

## 清潔和保養

建議在每次使用後務必徹底清潔本電器和個別零件。

### ⚠ 觸電危險!

- 清洗前拔出本電器的插頭。
- 請勿將底座浸泡在液體中或放入洗碗機清洗。
- 請勿使用蒸汽清潔機。

### ⚠ 受傷危險!

請勿徒手觸碰超高速全營養調理機的刀片。請使用刷子。

### 小心!

- 請勿使任何含酒精或苯的清潔劑。
- 切勿使用尖銳、鋒利或金屬物體。
- 請勿使用具研磨性的抹布或清潔劑。

**注意事項：**

- 所有零件在使用過後應立即清潔。這將避免殘留物變乾且可能侵蝕塑膠(例如香草中的精油)。
- 處理胡蘿蔔等食物時,塑膠零件可能會變色,但可以用幾滴食用油將其除去。
- 如要更輕鬆清潔調理壺,請從把手上取下蓋子,並在晾乾後重新蓋上。

您將在 **圖 G** 中查看如何清潔各個零件的概要。取下要清潔的密封件。

**“自清潔”程序**

用於便捷的清潔。

- 將空的調理壺安裝到本電器上。
- 加入 1.25 公升的溫水和 2 滴洗碗精。
- 將附有鎖帽的蓋子放置到位並按壓固定。
- 重新開啟電器,然後按下自清潔程序選擇按鈕。
- 本電器將自動執行預清潔並自動結束程序。
- 使用開/關開關關閉本電器。拔下主電源插頭。
- 取下調理壺、附鎖帽鎖的蓋子和保護墊。
- 如有必要,徹底沖洗所有零件並重新清潔。(→ **圖 G**)。
- 清潔底座。

**安全系統****啟動安全鎖和自動切斷**

只有在調理壺已正確到位,當本電器已開啟或在中斷電源後將旋轉開關轉到零段的情況下,才能操作本電器。若調理壺在運行時脫落,本電器將自動關閉。本電器在手動模式(連續以速度最小-最大)下連續進行 5½ 分鐘的操作後將自動關閉。→ “故障排除”參見第 13 頁

**超載保護裝置**

若本電器過熱,馬達會自動關閉。

→ “故障排除”參見第 13 頁

**注意事項：**啟動超載保護裝置時,可能會產生輕微的異味。此並非故障現象。

**故障排除****⚠ 受傷危險！**

在處理任何故障前,請拔下電源插頭。

**注意事項：**若電器操作錯誤、電子保險絲跳開或電器有缺陷,本電器將不再開啟。請先利用以下資訊嘗試處理已發生的問題。

**小心！**

若無法排除故障,請聯絡客戶服務。

**故障**

本電器使用期間無法開啟或關閉電源。狀態顯示閃爍。

**可能原因**

- 調理壺未正確到位、已脫落或已被取下。
- 接通電源或電源中斷後,旋轉開關未在中斷。
- 本電器在手動模式(速度最小-最大)下連續進行超過 5½ 分鐘的操作後將自動關閉。

**排除方式**

- 使用開/關開關關閉本電器。
- 將調理壺正確放置。
- 將旋轉開關朝逆時針方向轉到底(零段)。
- 使用開/關開關開啟本電器。狀態指示燈亮起。

**故障**

本電器使用期間無法開啟或關閉電源。

**可能原因**

超載保護裝置已啟動。

**排除方式**

- 將旋轉開關朝逆時針方向轉到底(零段)。
- 使用開/關開關關閉本電器。拔下主電源插頭。
- 取下調理壺。
- 讓本電器冷卻約 15-20 分鐘,然後重新開啟。
- 若本電器未啟動,請將本電器倒置。按下底部的重設按鈕(→ **圖 A - 1c**)。
- 若重設按鈕卡住,請讓電器再次冷卻,稍後再重新嘗試。

**食譜****注意事項：**

- 您可以在 **圖 B** 中查看包含其他應用範例的表格。食物處理前應將其清潔並切碎。去除較硬的部分,如去核和去皮。
- 食譜和應用範例也可以在沒有自動程序的情況下進行。如要執行此操作,請使用旋轉開關將速度從最小增加至最大,並攪拌所有食材,直到達到所需的濃度。

## 莓果蜂蜜冰沙

- 400 公克冷凍覆盆子／混合莓果
- 1 根香蕉
- 500 毫升牛奶
- 3 湯匙檸檬汁
- 2 湯匙蜂蜜
- 讓覆盆子／混合莓果融化。
- 將去皮的香蕉切成小塊。
- 加入食材至超高速全營養調理機，然後蓋上附有鎖帽的蓋子。
- 按下 蔬果汁 按鈕。
- 結束自動程序後，可將冰沙立即端上桌。

## 基礎豆漿

- 200 公克煮沸的大豆
- 800 毫升溫水(40-50 °C)
- 白糖或蜂蜜可使其有甜味
- 將 200 公克煮沸的大豆加入已有 800 毫升溫水(40-50°C)的調理壺內。蓋上附鎖帽的蓋子並用力按壓。
- 按下 豆漿 按鈕
- 一旦程序結束，即可將豆奶端上桌，可加入糖或蜂蜜使其有甜味。

## 自製糯米粉

- 500 公克糯米
- 將糯米放入調理壺中，蓋上附鎖帽的蓋子並用力按壓。
- 取下鎖帽，將推料棒插入食材投入口。按下 研磨 按鈕，使用推料棒將食材推下。
- 為了得到更好的處理效果，請讓攪拌食材冷卻，然後再次運行切碎程序。
- 將糯米粉倒入食品袋中，放入冰箱冷藏可保存三到六個月。

## 覆盆子冰淇淋

- 1 個未經處理的檸檬
  - 150 公克全脂優格
  - 150 公克糖霜
  - 600 公克冷凍藍莓
  - 150 毫升全脂冷牛奶
  - 加入食材至超高速全營養調理機，然後蓋上附有鎖帽的蓋子。
  - 按下 冰淇淋 按鈕並運行自動程序。
  - 若需要有更高的濃度，可將冰淇淋倒入另一個容器放入冷凍室一段時間。
- 提示：**冰淇淋也可以用其他冷凍莓果(例如覆盆子、草莓或混合莓果)製作。

## 煎餅麵糊

- 300 毫升牛奶
- 100 公克麵粉
- 2 個小型雞蛋
- 1 撮鹽
- 1 湯匙油(例如葵花籽油)
- 加入食材至超高速全營養調理機，然後蓋上附有鎖帽的蓋子。
- 將旋轉開關設為 最大，並攪拌所有食材 30-60 秒。
- 將煎餅麵糊分次加入事先熱過和倒入油的鍋中煎好。

## 番茄湯

- 750 公克新鮮番茄或罐裝番茄
- 2 個紅青椒
- 90 公克腰果
- 6 片羅勒葉
- 鹽和胡椒
- 將新鮮的番茄洗淨，去除厚莖。
- 加入食材至超高速全營養調理機，然後蓋上附有鎖帽的蓋子。
- 按下 濃湯 按鈕並運行自動程序。
- 結束自動程序後，將熱湯調味即可端上桌。

**注意事項：**若自動程序完成後湯品不夠熱，可將旋轉開關轉至 最大，最多再攪拌 1-2 分鐘。

## 棄置



以環保方式處理包裝。此電器包含歐盟關於使用過的電器及電子產品的指令 2012/19/EU (廢棄的電器及電子產品 - WEEE) 相關標籤。該指令包含歐盟境內舊電器退還及回收的規範。請諮詢本地販售機構以瞭解棄置管道。根據歐盟指令 2006/66/EC，有瑕疵或沒電電池/可充電式電池必須使用環保的方式分開進行回收。

## 保固

本電器的保修條款由銷售所在國家的代表機構來制定。填寫並寄回隨電器附帶的保卡紙本或至下方官網登錄註冊商品，即可享有 2 年保固，保固條件請參照本公司公開資訊。

本公司保留隨時修改這些條款的權利。

[www.bosch-home.com.tw/mybosch](http://www.bosch-home.com.tw/mybosch)

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## Intended use

This appliance is intended for domestic use and the household environment only. Use the appliance only for processing normal amounts of food and for normal amounts of time for domestic use. Do not exceed permitted maximum quantities (see “Recipes”). This appliance is suitable for mixing liquid or semi-solid food, for cutting or chopping raw fruit and vegetables, for puréeing food and for chopping frozen food (such as fruit) or for crushing ice cubes. The appliance must not be used for processing other substances or objects. Only use the appliance indoors at room temperature and up to 2000 m above sea level.

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## Important safety information

Read and follow the operating instructions carefully and keep for later reference! Enclose these instructions when you give this appliance to someone else.

If the instructions for correct use of the appliance are not observed, the manufacturer’s liability for any resulting damage will be excluded.

This appliance can be used by persons with reduced physical, sensory or mental capabilities or lack of experience and/or knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and if they understand the hazards involved. Keep children away from the appliance and connecting cable and do not allow them to use the appliance. Do not let children play with the appliance. Cleaning and user maintenance must not be performed by children.

### Risk of electric shock and fire!

- Connect and operate the appliance only in accordance with the specifications on the rating plate. Do not use the appliance if the power cord and/or appliance are damaged. Only our customer service may repair the appliance, e.g. by replacing a damaged power cord, in order to avoid hazards.
- Never connect the appliance to timer switches or remote-controllable sockets. Never leave the appliance unattended while it is switched on!
- Do not place the appliance on or near hot surfaces, e.g. hobs. The power cord must not come into contact with hot parts or be pulled across sharp edges.
- Never immerse the base unit in water or place it in the dishwasher. Do not steam-clean the appliance. Do not use the appliance with damp hands.

- After each use, whenever the appliance is unsupervised, prior to assembly, prior to disassembly, prior to cleaning and in the event of an error, the appliance must always be disconnected from the mains.

### **Risk of injury!**

- Before replacing accessories or additional parts which move during operation, the appliance must be switched off and disconnected from the power supply.
- Never reach into the attached blender! Never use the blender without the lid in place.
- Care should be taken when handling the sharp cutting blades, emptying the container and during cleaning.
- Before switching off, it is essential to turn the rotary selector in an anticlockwise direction as far it will go (zero setting).
- After switching off, the drive continues running for a short time. Wait until the drive has come to a standstill.
- The appliance must be completely assembled before use.
- Never remove the lid while the appliance is plugged in.

### **Risk of scalding!**

- Care should be taken when filling hot liquids. Sudden formation of steam may cause the liquid to spurt out of the container.
- You should always use one hand to hold the lid firmly in place while you work, but don't place your hand over the filling opening! When you process hot ingredients in the jug, steam will escape through the filling opening in the lid.

### **Risk of suffocation!**

Do not allow children to play with packaging material.

### **Caution!**

- Check that there are no foreign objects in the blender jug. Do not insert objects (e.g. knives, spoons) into the jug. Only use the pusher provided with the lid on!
- We recommend that the appliance is never switched on for longer than is necessary to process the ingredients. Do not operate at no-load.

### **Important!**

It is essential to clean the appliance thoroughly after each use or after it has not been used for an extended period. → *“Cleaning and maintenance” see page 21*



**Congratulations on the purchase of your new Bosch appliance. You can find further information about our products on our web page.**

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## Overview

→ Fig. A

- 1 Base unit / Motor block**
  - a Cushion pad
  - b Drive
  - c Reset button (overload protection)
- 2 Control panel**
  - a 開/關 (on/off) switch
  - b Rotary selector with mark
  - c Status display (LED)
  - d 最小 (min) mark
  - e 最大 (max) mark
  - f 瞬轉 (Pulse) button
  - g 6 programme selection buttons with LEDs
- 3 Blender jug**
  - a Container made of Tritan
  - b Scale
  - c Blender knife
  - d Handle
  - e Handle cover (removable)

## 4 Lid

- a Opening for pusher / for adding more ingredients
- b Locking cap with scale
- c Pusher

## Before using the appliance for the first time




Before the new appliance can be used, it must be fully unpacked, cleaned and checked.

### Caution!

Never operate a damaged appliance!

- Remove the base unit and all accessories from the packaging and dispose of all packing materials.
- Check that all the parts are present and examine them for obvious damage.
  - Fig. A
- Thoroughly clean and dry all parts before using for the first time.
  - “Cleaning and maintenance” see page 21

## Symbols and markings

Symbol	Meaning
	Do not expose the blender jug to temperatures above 80°C.
	<b>Warnings on the lid</b> <ul style="list-style-type: none"> <li>■ Do not use the appliance unless this cover is correctly attached.</li> <li>■ Do not expose the blender jug to temperatures above 80°C.</li> </ul>
	<b>Warning on the motor block</b> <ul style="list-style-type: none"> <li>■ Do not operate without the rubber pad.</li> </ul>

## Parts and operating controls

### High-speed motor block

The blender is equipped with a high-speed motor with a motor speed of up to 43000 revolutions per minute. This not only provides particularly fast and fine blending results but also makes it possible to heat food. Using the 濃湯 (Soup) automatic programme, for example, a hot soup can be made from cold ingredients.

**Note:** At the 最大 (max) speed setting, the blender runs at the highest speed when using the 瞬轉 (Pulse) button and with certain automatic programmes. In order to prevent unwanted heating of food, process the ingredients for a shorter time or at a lower speed.

### 開/關 (on/off) switch

To switch the appliance on and off.

### Status display

To display the appliance status and as a mark for the zero setting of the rotary selector.

#### Display

**Display lights up:** appliance is switched on and ready for use

#### Display flashes:

- fault in the appliance
- Blender jug is not correctly positioned or has become detached
- Rotary selector not at zero setting when switched on
- after interruption of the power supply
- longer than 5½ minutes of continuous operation (manual mode)

### Rotary selector

For continuous adjustment of the blender knife speed.

#### Settings

**Zero setting** (mark points to the status display) = standstill

最小 (min) | Lowest speed

最大 (max) | Highest speed

#### Caution!

When the appliance automatically turns off after 5½ minutes of continuous operation at the 最大 (max) speed setting, only use the 最大 (max) speed setting for another 1-2 minutes at the most after turning the machine back on. Otherwise, the food may heat up too much and damage the container.

#### Notes:

- The status display flashes if the rotary selector is not at the zero setting when switched on, if the blender jug has become detached, or if the electricity supply has been interrupted. Turn the rotary selector first to the zero setting and then continue.
- The rotary selector setting does not affect the use of the 瞬轉 (Pulse) function.

### 瞬轉 (Pulse) button

For switching to the maximum speed for a short time. The appliance works at maximum speed while the 瞬轉 (Pulse) button is pressed.

**Note:** The function cannot be used while an automatic programme is running.

### Programme selection buttons with LEDs

For selecting and starting automatic programmes. → “Automatic programmes” see page 20

All LEDs light up after switching on. The selected programme will start after pressing the button and the appliance will run automatically.

## Blender jug

For processing up to 2 litres of food. The blender jug is made of Tritan. Tritan is an unbreakable plastic with no discernable taste or smell.

### Caution!

Do not expose the blender jug to temperatures above 80°C.

## Lid with locking cap

To securely close the blender jug during processing. To add chopped or liquid ingredients, turn the locking cap anticlockwise and remove.

## Pusher

To push ingredients that either stick to the edge or do not blend well towards the blender knife. To do so, turn the locking cap anticlockwise, remove and place the pusher into the opening. → *“Using the pusher” see page 20*

## Safety systems

The appliance has various safety systems.

→ *“Safety systems” see page 22*

---

## Use

### Risk of injury!

- Do not insert the mains plug until all preparations for working with the appliance are complete and the blender jug has been correctly positioned on to the base unit.
- Never put your hand in the blender jug once it is in place, and always put the lid on before using the appliance.

**Note:** The appliance will only work if the blender jug has been correctly positioned.

### → Fig.

1. Place the base unit onto a stable and level work surface. Position the cushion pad on to the base unit, observing the recess.

**Important:** Never attach the blender jug without the cushion pad.

2. Place the blender jug on to the cushion pad. Make sure the blender jug is firmly positioned on the appliance.
  3. Put the desired ingredients into the blender jug.
  4. Put the lid with the locking cap in place and press it firmly.
  5. Turn the rotary selector in an anticlockwise direction as far as it will go (zero setting).
  6. Plug the mains plug into the mains. Switch on the appliance with the 開/關 (**on/off**) switch. All LEDs are lit.
  7. Slowly turn the rotary switch clockwise until the desired speed is reached. The status LED lights up.
- Note:** Using the programme buttons  
→ *“Automatic programmes” see page 20.*
8. Process the ingredients until the desired consistency is achieved.
  9. Turn the rotary selector in an anticlockwise direction as far as it will go (zero setting). Wait until the appliance comes to a standstill.
  10. Switch off the appliance with the 開/關 (**on/off**) switch. Disconnect the mains plug.
  11. Remove the blender jug. Remove the lid.
  12. Pour the blended food into another container.

Clean all parts. → *“Cleaning and maintenance” see page 21*

## Adding more ingredients

### → Fig.

1. Turn the locking cap in an anticlockwise direction and remove.
2. Add more chopped or liquid ingredients through the opening, remembering to observe the maximum capacity.
3. Put on the locking cap and tighten it by turning in a clockwise direction.
4. Process the ingredients until the desired consistency is achieved.

→ **Fig. 14**

**Adding larger quantities:**

1. Turn the rotary selector in an anticlockwise direction as far as it will go (zero setting). Wait until the appliance comes to a standstill.
2. Switch off the appliance with the 開/關 **(on/off)** switch. Disconnect the mains plug.

**⚠ Risk of injury!**

Never remove the lid while the appliance is plugged in.

3. Remove the lid.
4. Add the extra ingredients.
5. Replace the lid.
6. Plug the mains plug into the mains. Switch on the appliance with the 開/關 **(on/off)** switch. All LEDs are lit.
7. Slowly turn the rotary switch clockwise until the desired speed is reached. The status LED lights up.
8. Process the ingredients until the desired consistency is achieved.

**Using the pusher**

**⚠ Risk of injury!**

Never use the pusher without the lid attached!

→ **Fig. 15**

1. Turn the locking cap in an anticlockwise direction and remove.
2. Place the pusher provided into the opening.
3. Push the ingredients with the pusher towards the blender knife by guiding the pusher along the corners and sides of the blending jug.
4. Then remove the pusher again immediately. Put on the locking cap and tighten it by turning in a clockwise direction.

**Note:** Using the pusher can considerably improve the quality of the blending result.

**Using the Pulse function**

- With the appliance switched on, press the 瞬轉 **(Pulse)** button down and hold.

- While the 瞬轉 **(Pulse)** button is pressed, the appliance will run at maximum speed.
- Release the 瞬轉 **(Pulse)** button. The appliance will start again with the previously selected speed.

**Note:** While an automatic programme is running, the Pulse function cannot be used.

**Automatic programmes**

The appliance has 6 automatic programmes. After pressing the relevant button, the programme selected starts and processes the ingredients at preset speeds and processing times. The programme ends automatically after preparation.

The following programmes can be selected:

Programmes	
蔬果汁 <b>(Smoothie)</b>	For green smoothies and fruit smoothies with frozen ingredients
豆漿 <b>(Soy milk)</b>	For preparing soymilk.
濃湯 <b>(Soup)</b>	For preparing hot soups
研磨 <b>(Grinding)</b>	For grinding beans and grains or other dry ingredients.
冰淇淋 <b>(Ice cream)</b>	For ice cream and sorbets
自清潔 <b>(Cleaning)</b>	Cleaning programme

**Caution!**

When the automatic programme 濃湯 **(Soup)** has finished, do not restart the 濃湯 **(Soup)** programme. Otherwise, the food may heat up too much and damage the container.

**Please note:**

- Some ingredients like milk produce foam during blending. The volume of the ingredients might increase considerably during blending.  
When using the 濃湯 (Soup) programme do not exceed the filling capacity of 1,200 g and the volume 1,400 ml to stay within the maximum final blended soup volume of 1,800 ml.
- Only use cold ingredients with the 濃湯 (Soup) automatic programme. If hot ingredients are added, the temperature increases too much.
- An automatic programme can only be started when the rotary selector is at the zero setting.
- An automatic programme can be ended at any time by repressing the relevant programme selection button or by switching off with the 開/關 (on/off) switch.

**An example****Making a berry and honey smoothie**

(recipe → “Berry and honey smoothie” see page 23)

→ **Fig. 14**

1. Place the base unit onto a stable and level work surface. Position the cushion pad on to the base unit, observing the recess.

**Important:** Never attach the blender jug without the cushion pad.

2. Place the blender jug on to the cushion pad. Make sure the blender jug is firmly positioned on the appliance.
3. Put the desired ingredients into the blender jug.
4. Put the lid with the locking cap in place and press it firmly.
5. Turn the rotary selector in an anticlockwise direction as far as it will go (zero setting).
6. Plug the mains plug into the mains. Switch on the appliance with the 開/關 (on/off) switch. All LEDs are lit.

7. Press the 蔬果汁 (Smoothie) programme selection button. The LED on the button lights up.
8. The appliance processes the ingredients automatically.

**⚠ Risk of injury!**

Never remove the lid while the appliance is plugged in.

9. The appliance ends processing automatically. All LEDs are lit.
10. Switch off the appliance with the 開/關 (on/off) switch. Disconnect the mains plug.
11. Remove the blender jug. Remove the lid.
12. Pour the finished fruit smoothie into glasses.
  - Clean all parts. → “Cleaning and maintenance” see page 21

**Cleaning and maintenance**

The appliance and the individual parts used must be thoroughly cleaned after each use.

**⚠ Risk of electric shock!**

- Unplug the appliance before cleaning it.
- Never immerse the base unit in liquids and do not clean in the dishwasher.
- Do not use a steam cleaner.

**⚠ Risk of injury!**

Do not touch the blender blades with your bare hands. Use a brush.

**Caution!**

- Do not use any cleaning agents containing alcohol or spirits.
- Do not use any sharp, pointed or metal objects.
- Do not use abrasive cloths or cleaning agents.

**Notes:**

- Clean all parts immediately after use. This will prevent residues from drying on and possibly attacking the plastic (e.g. essential oils in herbs).
- When processing food such as carrots, the plastic parts may become discoloured, but this can be removed with a few drops of cooking oil.
- To make cleaning the blender jug easier, remove the cover from the handle and replace once dry.

In **Fig. 6**, you will find a summary of how to clean the individual parts. Remove seal for cleaning.

**“自清潔 (Cleaning)” programme**

For quick and easy cleaning.

- Attach the empty blender jug on to the appliance.
- Fill it with 1.25 litres of warm water and 2 drops of washing-up liquid.
- Put the lid with the locking cap in place and press it firmly.
- Switch the appliance on again and press the 自清潔 (**Cleaning**) programme selection button.
- The appliance runs through automatic pre-cleaning and ends the programme automatically.
- Switch off the appliance with the 開/關 (**on/off**) switch. Disconnect the mains plug.
- Remove, the blender jug, the lid with locking cap and the cushion pad.
- Rinse all parts thoroughly and clean again if necessary. (→ **Fig. 6**).
- Clean the base unit.

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## Safety systems

### Start lock-out and automatic cut-out

The appliance can only be operated if the blender jug has been correctly positioned and if the rotary selector is turned to the zero setting when switching on the appliance or after an interruption in the

power supply. The appliance will switch off automatically if the blender jug becomes detached while it is running. The appliance automatically switches off in manual mode (speed 最小 (**min**) – 最大 (**max**)) after 5½ minutes of continuous operation.

→ “*Troubleshooting*” see page 22

### Overload protection

The motor switches off automatically if the appliance overheats. → “*Troubleshooting*” see page 22

**Note:** When activating the overload protection, a slightly strange smell may occur. This is not a sign of malfunction.

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## Troubleshooting

### **⚠ Risk of injury!**

Before dealing with any faults, unplug the mains plug.

**Note:** The appliance will no longer switch on if there is an error in appliance operation, if the electronic fuses trip or the appliance has a defect. First try to eliminate the problem which has occurred with the help of the following information.

### **Caution!**

If a fault cannot be eliminated, please contact customer service.

### **Fault**

Appliance fails to start up or switches off while in use. The status display flashes.

### **Possible causes**

- Blender jug is not correctly positioned, has become detached or has been removed.
- Rotary selector was not at the zero setting when switching on or after an interruption in power.
- The appliance was operating continuously in manual mode (speed 最小 (**min**) – 最大 (**max**)) for longer than 5½ minutes.

### **Remedy**

- Switch off the appliance with the 開/關 (**on/off**) switch.
- Position the blender jug correctly.

- Turn the rotary selector in an anticlockwise direction as far as it will go (zero setting).
- Switch on the appliance with the 開/關 (on/off) switch. The status display lights up.

**Fault**

Appliance fails to start up or switches off while in use.

**Possible cause**

The overload protection device is activated.

**Remedy**

- Turn the rotary selector in an anticlockwise direction as far as it will go (zero setting).
- Switch off the appliance with the 開/關 (on/off) switch. Disconnect the mains plug.
- Remove the blender jug.
- Leave the appliance to cool for approx. 15-20 minutes and then switch it on again.
- If the appliance does not start, turn the appliance upside down. Press the reset button on the bottom (→ Fig. A - 1c).
- If the reset button is blocked, leave the appliance to cool again and try it again later.

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## Recipes

**Notes:**

- In Fig. H, you will find a table with other application examples. Clean and chop food before processing. Remove hard components such as cores and peel.
- The recipes and application examples can also be carried out without an automatic programme. To do this, use the rotary selector to increase the speed from 最小 (min) to 最大 (max) and blend all the ingredients until the desired consistency is reached.

### Berry and honey smoothie

- 400 g frozen raspberries / berry mixture
- 1 banana
- 500 ml milk
- 3 tbsp lemon juice
- 2 tbsp honey
- Let the raspberries / berry mixture thaw.
- Cut the peeled banana into pieces.
- Add the ingredients to the blender jug and put on the lid with the locking cap.
- Press the 蔬果汁 (Smoothie) button.
- After ending the automatic programme, serve the smoothie immediately.

### Basic soymilk

- 200 g boiled soybeans
- 800 ml warm water (40-50 °C)
- White sugar or honey to sweeten to preferred taste
- Add 200 g boiled soybeans to the blender jug with 800 ml warm water (40-50 °C). Put on the lid with the locking cap and press it firmly.
- Press the 豆漿 (Soymilk) button
- Once the program has finished, serve the soymilk and add sugar or honey to sweeten.

### DIY glutinous rice flour

- 500 g glutinous rice
- Put the rice in the blender jug, put on the lid with the locking cap and press firmly.
- Remove the cap and insert the pusher into the opening. Press the 研磨 (Grinding) button and using the pusher push down the ingredients.
- For a better result, let the mixture cool down and run the grinding program again.
- Pour Snow White into food bag and keep in the fridge for up to three to six months.

## Raspberry ice cream

- 1 untreated lemon
- 150 g full-fat yoghurt
- 150 g icing sugar
- 600 g frozen blueberries
- 150 ml cold whole milk
- Add the ingredients to the blender jug and put on the lid with the locking cap.
- Press the 冰淇淋 (**IceCream**) button and run the automatic programme.
- Pour the ice cream into another container and put it into the freezer for a while if a firmer consistency is desired.

**Tip:** The ice cream can also be made with other frozen berries (e.g. raspberries, strawberries or berry mixtures).

## Pancake mixture

- 300 ml milk
- 100 g flour
- 2 small eggs
- 1 pinch salt
- 1 tsp oil (e.g. sunflower oil)
- Add the ingredients to the blender jug and put on the lid with the locking cap.
- Set the rotary selector to 最大 (**max**) and blend all the ingredients for 30-60 seconds.
- Pour the pancake mixture in portions into a hot and greased pan and fry.

## Tomato soup

- 750 g fresh tomatoes or tinned tomatoes
- 2 red peppers
- 90 g cashew nuts
- 6 basil leaves
- Salt and pepper
- Wash the fresh tomatoes and remove the thick stem.
- Add the ingredients to the blender jug and put on the lid with the locking cap.
- Press the 濃湯 (**Soup**) button and run the automatic programme.
- After ending the automatic programme, season the hot soup and serve.

**Note:** If the soup is not hot enough once the automatic programme has finished, turn the rotary selector to 最大 (**max**) and mix for another 1-2 minutes at the most.

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## Disposal



Dispose of packaging in an environmentally-friendly manner. This appliance is labelled in accordance with European Directive 2012/19/EU concerning used electrical and electronic appliances (waste electrical and electronic equipment – WEEE). The guideline determines the framework for the return and recycling of used appliances as applicable throughout the EU. Please ask your specialist retailer about current disposal facilities.

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## Guarantee

The guarantee conditions for this appliance are as defined by our representative in the country in which it is sold. Details regarding these conditions can be obtained from the dealer from whom the appliance was purchased. The bill of sale or receipt must be produced when making any claim under the terms of this guarantee.

Changes reserved.



# 限用物質含有情況標示

Declaration of the Presence Condition of the Restricted Substances Marking

設備名稱 Equipment name		型號 ( 型式 ) Type designation (Type)				
: 超高速全營養調理機		: MMBH6P6BTW				
單元 Unit	限用物質及其化學符號					
	鉛 Lead (Pb)	汞 Mercury (Hg)	鎘 Cadmium (Cd)	六價鉻 Hexavalent chromium (Cr <sup>+6</sup> )	多溴聯苯 Polybrominated biphenyls (PBB)	多溴二苯醚 Polybrominated diphenyl ethers (PBDE)
內外殼	○	○	○	○	○	○
馬達	○	○	○	○	○	○
電路板	-	○	○	○	○	○
電源線	○	○	○	○	○	○
備考1. “超出0.1 wt %” 及 “超出0.01 wt %” 係指限用物質之百分比含量超出百分比含量基準值。						
Note 1 : “Exceeding 0.1 wt %” and “exceeding 0.01 wt %” indicate that the percentage content of the restricted substance exceeds the reference percentage value of presence condition.						
備考2. “○” 係指該項限用物質之百分比含量未超出百分比含量基準值。						
Note 2 : “○” indicates that the percentage content of the restricted substance does not exceed the percentage of reference value of presence.						
備考3. “-” 係指該項限用物質為排除項目。						
Note 3 : The “-” indicates that the restricted substance corresponds to the exemption.						







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