

Rose and Pistachio Scones



Ingredients:

27 g	unsalted butter (cold)
167 g	low protein flour
10 g	baking powder
30 g	sugar
1 g	salt
35 g	egg
50 g	buttermilk
40 g	pistachio
Some	dry rose petals
Some	rose extract
Some	egg yolk

Workflow:

- 1. Use the kitchen machine to blend theunsalted butter, low protein flour, bakingpowder, sugar and salt at speed 2 untilcrumbly.
- 2. Combine the buttermilk and mix well.
- 3. Add egg and rose extract, and mix well until dough comes together.
- 4. Add dry rose petals and pistachio, and gently mix.
- 5. Put the dough in wraps and set aside for 5 minutes.
- Gently roll dough out until 1 inch thick. Use 6cm diameter round cutter to cut out scones. Put the scones on the prepared baking sheet.
- 7. Brush the tops with the egg yolk 2 times.
- Place in a preheated 200°C oven (4D hot air) and bake for 15 minutes until golden. Serve.

Setting procedure:

4D HotAir 200°C Cooking time: 15 mins (Preheated oven)

4D HotAir



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