

Savoury rye sourdough bread



Ingredients:

Sourdough propagation:

	sourdough
0	baker or ready-made
50 g	sourdough, from the

375 g rye flour type 1150

375 ml water, lukewarm

Bread dough:

350 g	rye flour type 1150
300 g	wheat flour type 405 or type 550
2 tsp	bread spice, ground
20 g	dry yeast
1 tbsp	honey
250 ml	water, lukewarm
20 g	salt

Workflow:

- 1. For the sourdough propagation already the day before put the sourdough with the rye flour and the lukewarm water in a bowl and stir. Cover and leave in a warm place for 24 hours.
- 2. The next day, take 50 g of the sour-dough mixture and keep it for a later bread. Put the remaining sourdough mixture in a mixing bowl. Knead in the rye flour, wheat flour, bread spices, yeast and honey with the water. Knead until a smooth dough is formed. Cover the dough and let it rise in a warm place for 40 minutes.
- Knead the salt into the risen dough, form a loaf and place in the lightly floured universal pan (use baking paper). Let rise again for about 30 minutes.
- 4. Bake the bread as indicated.
- 5. Let the finished bread cool on a cooling rack.

Setting procedure:

Level 2 Hot air 220°C Steam addition level 3 Baking time 15 minutes afterwards Hot air 180°C Baking time 50 - 60 minutes

Added Steam

Use Home Connect App to send recommended settings to your oven



