

The Perfect Gingerbread Cookie

Difficulty: Easy Servings: 16 – 24

Preparation Time: 10 minutes Resting Time: 20 minutes Cooking Time: 12 minutes

Ingredients

Cookies

125g butter, softened

100g brown sugar

125ml golden syrup

1 egg yolk (reserve the white for the icing)

375g plain flour

1 teaspoon bi carb soda

1 teaspoon mixed spice blend

1 teaspoon cinnamon

2 teaspoons ground ginger

Icing

1 egg white 240g pure icing sugar





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Method

- 1. Preheat your oven to 160C 4D HotAir.
- 2. Place your butter and sugar in a bowl and use an electric mixer to beat together until light and fluffy.
- 3. Add the golden syrup and egg yolk to the same bowl and mix again.
- 4. Add the dry ingredients to your bowl and beat together until the dough starts to form.
- 5. Once the dough is formed, tip onto a floured surface and gently knead the dough into a ball and flatten.
- 6. Wrap the flattened dough in cling wrap and place in a fridge for 20 minutes.
- 7. In the meantime, combine the egg white and icing sugar in a bowl. Adjust with icing sugar if icing is not thick enough to pipe.
- 8. Once the icing is thick enough, add to a piping bag and set aside.
- 9. Remove the dough from the fridge and halve it.
- 10. Roll the dough halves one at a time between 2 sheets of grease proof paper to approx. 3mm thick.
- 11. Stamp out the gingerbread people. Repeat step 10 with excess dough until all dough is used.
- 12. Place the biscuits on a lined baking tray leaving enough room between them to spread.
- 13. Cook in the preheated oven for 10 12 minutes until golden and starting to brown.
- 14. Remove cookies from oven and decorate with your icing.
- 15. Allow the icing to set before eating.

