

Endive Arugula Blue Cheese Salad.

Ingredients:

Salad:

1 cup Endive Leaves (Yellow and Purple)
1 cup Arugula Leaves
½ Green Apple (Sliced)
¼ cup Caramelized Pecan Nuts
Blue Cheese Cubes Blue Cheese

Dressing:

2 tbsps Balsamic Vinegar ¼ cup Olive Oil 1 tbsp Honey Pinch of Salt Pinch of Ground Black Pepper

Instructions:

- Wash and cut the endive leaves into strips. Add arugula leaves and sliced apple, then set aside.
- In a separate bowl, mix all the dressing ingredients. Mix until blended.
- Pour some of the dressing into the leaves, mix well until coated. Set aside the remaining dressing for garnish.
- Place the mixed vegetables into a salad plate.
 Top with caramelized pecan nuts and blue cheese.
 Drizzle some sauce for garnishing.



