



Fruit Popsicles

Overview

Difficulty: Medium

Servings: 1-2

Preparation Time: 80 mins

Cooking Time: 20 mins

Ingredients

- 300g of Watermelon, chopped into chunks
- 50g of Blueberries
- 1 Kiwi

Methods

- 1. Chop the watermelon chunks with the hand blender's universal cutter attachment.
- 2. Give it a few pauses.
- 3. Scoop 1 ½ tablespoon of blended watermelon into ice cream moulds.
- 4. Add 2 to 3 blueberries to it.
- 5. Cover the ice-cream mould top.
- 6. Freeze it for 20 minutes till a thin layer of the blended watermelon has set.
- 7. Remove the universal cutter from the jug and cover it with lid provided.
- 8. Refrigerate the blended watermelon until it is ready to be used again.
- 9. Repeat step 3 to 6 until almost reaching the rim of the mould.
- 10. Meanwhile, blend the kiwi with the hand blender in the blender jug until smooth.
- 11. Scoop 1 ½ tablespoon of kiwi puree into the ice-cream mould to top as the last layer.
- 12. Freeze overnight. Serve frozen.

Product Used

Versatile and convenient kitchen assistant

Hand blenders are not only compact, simple to use and easy to clean, but also come with multiple accessories for chopping and blending – making them great for quick and convenient food preparation.

