



Mint Pesto Scallops

Overview

Difficulty: Medium

Servings: 1-2

Preparation Time: 10 mins

Cooking Time: 20 mins

Ingredients

- · 30g of mint leaves
- A few Italian flat-leaf parsley
- · 20g of normal pine nuts
- 10g of toasted pine nuts
- 1 clove of garlic, peeled
- 30g of grated Parmesan cheese
- 60ml of extra-virgin olive oil
- · A small knob of butter
- 1 tablespoon of olive oil
- 8 large scallops, rinsed and patted dry
- · Salt and pepper

Methods

- 1. Attach food blender to Bosch kitchen machine via the multifunction arm. Blend mint, parsley, 20g pine nuts, garlic, cheese and extra-virgin olive oil until the mixutre is well combined. Season with salt and pepper.
- 2. In a frying pan, melt butter and olive oil. Pan fry scallops until cooked and lightly browned on both sides. Drain excess oil on paper towel.
- 3. Spread pesto on top of each scallop. Drizzle extra-virgin olive oil and sprinkle over the remaining pine nuts before serving.

Special thanks to Noobcook

Product Used

Kitchen Machine Styline MUM52110

MUM5 – the powerful kitchen machine with an award-winning design – a real all-rounder, easy to use and in exceptional Bosch quality.

