



Mixed Vegetables and Fried Chicken

Overview

Difficulty Easy

Servings 1

Preparation Time 20 mins

Cooking Time 10 mins

Ingredients

- 1 Bowl Cooked Rice – White or Brown
- ½ Teaspoon Garlic - Chopped
- 15g Carrots
- 15g Yellow Zucchini – Chopped
- 15g Green Zucchini - Chopped
- 20g Chicken Breast - Skinless
- 1 Tablespoon Unsalted Butter
- 1 Tablespoon Light Soy Sauce

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