

Breakfast Muffins

Makes 12

Equipment used: Bosch oven, Bosch hand blender

Ingredients

1 tbsp oil

100g mushrooms, finely chopped

100g bacon, finely sliced

4 sausages, cooked

2 spring onions, sliced

8 large eggs

2 tbsp milk

large pinch of smoked paprika

50g cheddar, grated

Method

Heat the oven to 180C fan. Brush half the oil in a 12-hole muffin tin.

Heat the remaining oil in a frying pan and add the mushrooms, bacon, and spring onions. Fry for 6 mins. Set aside to cool.

Using the hand blender combine the eggs with the milk & smoked paprika. In a bowl mix half the cheese with the egg mix and vegetables. Pour the egg mixture into the muffin holes and top each with some sliced sausages and the remaining cheese. Bake for 15-17 mins or until golden brown and cooked through.