

Bosch x Kitchen Stories Breakfast Popsicles Recipe

Yogurt and Muesli Summer Edition

Summer is the perfect excuse to eat popsicles and other frozen treats all day long. Hotter days mean hotter mornings, so why not start your day with a treat from the freezer? This Popsicle is the equivalent of a bowl of yogurt and muesli, just frozen. And if you finish the first, only to realize you want a second, you can proceed to treat yourself to another with a clear, healthy conscience.

Servings: 10

Difficulty: Easy

Preparation: 10 min.

Baking: 0 min.

Resting: 240 min.

Ingredients:

- 1 cup berry muesli
- 4 tbsp honey
- 2½ cups greek yogurt



Nutrition Per Serving

Calories: 168 | **Protein:** 3 g | **Fat:** 8 g | **Carbohydrates:** 17 g