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## 木瓜蘋果沙冰 Papaya apple smoothie

份量 Servings: X 2 個



### 材料

木瓜 250克  
 蘋果 1/2個  
 青檸 1/2個  
 冰塊 150克  
 清水 (或椰子水) 50毫升

### Ingredients

Papaya 250 g  
 Apple 1/2  
 Lime 1/2  
 Ice cube 150 g  
 Water (or coconut water) 50ml

### 做法

- 把木瓜去皮後打直切半。用勺子把木瓜籽刮出來，再把果肉切成小塊。
- 把青檸去皮後切成四瓣。
- 把蘋果洗好後切成四塊，除去蘋果芯，再切成小粒。
- 先把木瓜放入攪拌機，再加入蘋果、青檸、冰塊，最後是清水 (或椰子水)。
- 使用Mixx2Go攪拌機以最高速攪拌成泥狀。

### Preparation Method

- Peel the papaya and cut in half lengthways. Use a teaspoon to scrape out the seeds and cut the flesh of the fruit into small pieces.
- Remove the peel from the lime and cut the lime into quarters.
- Wash the apple, cut into quarters and remove the core. Dice the apple quarters.
- First add the papaya, then the apple, lime, ice and finally the water (or coconut water) into the blender jug.
- Select the High Speed for Mixx2Go and finely purée the ingredients.

## VitaStyle Mixx2Go 小型攪拌機 Mini Blender



型號 Model	MMBM7G4MGB
顏色 Color	白色 / 銀色 White / Silver
速度選擇 Speed setting	2段 2-speed settings
功能 Function	碎冰 Ice crush 攪拌熱濃湯 Mixing hot soup 製作果汁及沙冰 Juice and Smoothies 切碎食材 Chopping ingredients
配件 Accessories	▶ ThermoSafe耐溫玻璃攪拌杯 (600毫升) ThermoSafe glass container (600ml) X 1 ▶ Tritan™ 2Go瓶 (500毫升) Tritan™ 2Go bottle (500ml) X 2 ▶ Tritan™切碎器 (200ml) Tritan™ shredder (200ml) X 1
機身尺寸 (高 x 闊 x 深) Dimension (H x W x D)	308 x 120 x 116 (毫米/mm)
淨重量 Net Weight	2.4 (公斤/kg)



隨時隨地吸收豐富的  
 蔬果營養！

Enjoy veggie anytime  
 and anywhere!

VitaStyle  
 Mixx2Go  
 小型攪拌機



VitaStyle Mixx2Go

專為全天候保持健康的您。

For those who want to keep healthy on the road.



新鮮水果沙冰  
Fresh smoothie



新鮮果汁  
Fresh Juice



自製醬料  
Handmade Sauce



**350**  
Watt

- ▶ 350W 摩打，易於攪碎和混合  
350Watts motor for easy blending and mixing



- ▶ ThermoSafe 玻璃攪拌杯  
ThermoSafe glass container

- ▶ 600毫升容量  
600ml capacity

- ▶ 適合製作冷熱飲品和攪碎冰凍水果/冰塊  
For safe mixing of hot soups, ice-cold beverages, frozen fruit and ice

ThermoSafe  
耐溫玻璃



- ▶ Tritan™ 2Go 外攜杯  
Tritan™ 2Go bottle

- ▶ 500毫升容量  
500ml capacity

- ▶ 適合外出時使用，杯蓋設計更方便飲用  
Perfect for on the go, with handy drinking lid

Tritan™  
耐溫塑膠

不含雙酚A  
BPA Free



- ▶ Tritan™ 切碎器  
Tritan™ chopper

- ▶ 200毫升容量  
200ml capacity

- ▶ 特別適合少量的食材，例如嬰兒食品、醬料、堅果等  
For processing smaller quantities, e.g. baby food, pesto, nuts and much more

Tritan™  
耐溫塑膠

不含雙酚A  
BPA Free

你的健康生活。  
Your daily portion of health.

## 5 份蔬菜及水果 Portions of fruit and vegetables

營養專家一致認為，每人每天應該吃最少5份蔬果。但是，在現今社會或許相當困難達到。Nutritionists agree that every person should eat everyday. However, this is quite difficult in today's society.

## 簡單的解決方案 Simple solutions

無論是美味的果汁或冰沙，都可使用Mixx2Go攪拌機，讓您每天進食足夠的新鮮的蔬果。Whether it's a delicious juice or a smoothie: With Mixx2Go blender, you can easily eat healthy portions of fruit and vegetables everyday.



您的隨身營養助手。  
Your health helper.

## 超過30款

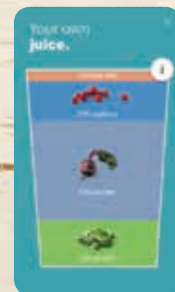
營養食譜  
Over 30 Healthy recipes



製定您的個人購物清單  
Create your own shopping list



製作最合您所需的飲品  
Mix your own juice



提議所選食材的最佳混合比例  
Suggest the best mixing ratio your ingredients



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